

# Lake Grace District High School NEWSLETTER #2

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Email: lakegrace.dhs@education.wa.edu.au

Thursday 20th February 2025

# Term 1

**Upcoming Events** 

## **Swimming Lessons**

Monday 17th February-Friday 28th February

### P & C Meeting

Monday 24th February @ 6.30pm

### **School Board Meeting**

Tuesday 25th February @ 7pm

Labour Day Public Holiday Monday 3rd March

### **NAPLAN**

Wednesday 12th March— Monday 24th March

## Harmony Day Thorsday 20th March

Friday 21st March

## Interschool Swimming Carnival

Friday 28th March

# Highschool/Choir Assembly

Thursday 3rd of April

### **SCHOOL HOURS**

Wednesday (early close) 8.45am—2.30pm Monday,Tuesday, Thursday & \_\_\_\_\_Friday





# Term 1 in Kindergarten

Welcome to our Kindy room! We have been busy with the start of the school year, spending time getting to know each other and exploring our new environment—there's so much to do. Trains, bikes, painting, reading, dress-ups, water-play and of course, singing and dancing and making our bodies move!















## Message from the Administration Team

Dear Lake Grace Community,

As we enter our second week of swimming lessons I would like to thank you all for being so prepared and ensuring students have been organised for their lessons. Thank you also to the incredible staff for their flexibility around their timetables and finally to Tor who has organised the timetable and watched the weather.

Lots of staff are currently in and out, with lots of Professional Learning occurring throughout the school. Staff are being upskilled in our whole school programmes and educated around our student's needs. Thank you to all the staff helping to make sure classes continue with minimal disruptions.

Congratulations to our successful Student Leaders for Semester 1, Malia McIntyre, Year 6, Ryleigh Willock, Year 6, Zach McIntyre, Year 10, Rebekah Pawsey, Year 9 and Paige Trevenen, Year 9. I look forward to working with you and having you uphold the schools values whilst representing our school.

This year we are pleased to announce we will be incorporating The Resilience Project into our curriculum. The Resilience Project delivers emotionally engaging programs to schools, sports clubs and businesses, providing practical, evidence-based mental health strategies to build resilience and happiness. This program teaches the benefits of Gratitude, Empathy and Mindfulness, and easy ways to practise these in everyday life. We also incorporate Emotional Literacy, Connection and Physical Health education and activities as they are foundational contributors to positive mental health. For further information on the resilience Project you can follow the link here:





You should have received your invoice for voluntary contributions by now, if you haven't already, we would like to encourage you to pay as soon as possible.

These payments help to enrich your child/children's learning, so we would appreciate it very much if these were paid at your earliest convenience.

Please remember that our school does not open until **8:30AM**.

- Buses will not open their doors before 8:30AM.
- Students arriving early must wait outside the office—not in other areas of the school.
- Kindy and Pre-Primary students must be dropped off and picked up by an adult (except for bus students).
- Any changes to regular drop-off and pick-up arrangements must be communicated to the classroom teacher.
- Additionally, we encourage all families to review and follow road safety guidelines. Children under 10 should be supervised when crossing the road and riding their bike.

There have been a number of snake sightings around the admin building this week. Please keep an eye out when picking up and dropping off your children!

Your cooperation helps us ensure the safety and supervision of all students. Thank you for your support!

Best wishes,
Lake Grace Admin Team



## **Bushfire Emergency Plan**

### **Bushfire Register**

Our school has been identified as a school at increased risk of bushfire. Therefore, a comprehensive Bushfire Management Plan has been written to ensure the health, safety and welfare of students, staff and visitors. This plan has been written collaboratively by DFES, Workplace Health and Safety Directorate and the school.

The Plan deals with two types of occurrences.

- 1. A fire danger rating of concern is forecast (catastrophic, extreme or severe) on the afternoon prior to a school day.
- 2. The school is impacted by a local bushfire threat when the students are at school.

The school will only receive notification of a concerning fire danger rating after school hours the day before the forecast is issued and we will contact the LGDHS community as soon as we are notified. To assist the school in contacting all parents, please ensure that you have provided the school with up-to-date mobile and home telephone numbers and let us know immediately if your contact details change.

We would like to assure all of our parents that our school is prepared for the event of a bushfire emergency and that your child will be safe and secure in the care of the staff of Lake Grace District High School.

As a key part of being on the Bushfire Register we will be practicing our fire evacuation drills during the next few weeks. If you have any questions or concerns, please contact us.



# **BUSHFIRE EMERGENCY PLAN – PARENTS GUIDE**



FIRE RATING PROCEDURES

| STODENTS HAVE DONE TO SCHOOL  |  |   | LINE NATING LUGEDONES   |  |  |  |
|---|--|---|---|--|--|--|
|   |  |   |   |  |  |  |
| IMMEDIATE EMBER   | SEVERE   | EXTREME   | CATASTROPHIC  |  |  |  |
| ATTACK  | OR HEAVY SMOKE AFFECTED  |   |   |  |  |  |
| Lockdown signal initiated   | SCHOOL STILL OPERATES Unless conditions make it impossible   |   | SCHOOL TEMPORARILY CEASES OPERATION OR RELOCATES  |  |  |  |
| Notice on school Facebook page and Schoolstream app   | Parents notified the day before if possible via school Facebook page and Schoolstream app  |   | Parents will be advised the day before if possible via school Facebook page, Schoolstream app. Check local radio and DFES website.  |  |  |  |
| 'Students locked down and safe-stay<br>where YOU are safe, don't come to school"<br>in the art room-don't come to school" | Students with an Asthma Plan should stay at home.  |   | Students will stay at home  |  |  |  |
| Students, staff and visitors relocate to the art room to wait for the all clear from DFES                                 | No outdoor activities  |   | DO NOT SEND YOUR CHILD TO SCHOOL  |  |  |  |
| Do not come to school to get your child   |  |   | All excursions will be cancelled or postponed   |  |  |  |
| Check school facebook page, School-<br>stream app about collection of students—<br>time, place and method                 | Excursions to bushland or isolated locations will be cancelled   |   | Students away on excursions will not return<br>to school but will be billeted at a local school<br>until the rating is lifted   |  |  |  |
| STAY CALM - KEEP YOURSELF SAFE  |  |   | Parents will be advised when students ma<br>return to school by school Facebook page<br>Schoolstream app and local radio  |  |  |  |
|   | ATTACK  Lockdown signal initiated  Notice on school Facebook page and Schoolstream app  Students locked down and safe-stay where YOU are safe, don't come to school" in the art room-don't come to school"  Students, staff and visitors relocate to the art room to wait for the all clear from DFES  hool to get your child  Check school facebook page, School-stream app about collection of students—time, place and method | ATTACK  Correction  Lockdown signal initiated  Notice on school Facebook page and Schoolstream app  Students locked down and safe-stay where YOU are safe, don't come to school" in the art room-don't come to school"  Students, staff and visitors relocate to the art room to wait for the all clear from DFES  Students shoul drink bookstream app about collection of students—time, place and method  Check school facebook page, Schoolstream app about collection of students—time, place and method  Monitor notificat page and School and DFES with a school | Lockdown signal initiated  Lockdown signal initiated  Notice on school Facebook page and Schoolstream app  Students locked down and safe-stay where YOU are safe, don't come to school" in the art room-don't come to school"  Students, staff and visitors relocate to the art room to wait for the all clear from DFES  Students should bring extra water in drink bottles to school  Check school facebook page, Schoolstream app about collection of students—time, place and method  Monitor notifications on school Facebook page and Schoolstream app, local radio and DFES websites for updates |  |  |  |

Activate your family's Bushfire Survival Plan

STUDENTS HAVE GONE TO SCHOOL



Messages from the P&C

# Notice of AGM & meeting Lake Grace DHS P&C

**Monday 24 February** 6:30pm, Padley Room

All commitee positions are open President/ Vice President/ Secretary & Treasurer

> Come along, our P&C needs your help to improve our school for current and future students.



## Please send apologies or agenda items to:

Lakegrace.pandc@gmail.com







**Download the Splexischools** app to get started today!



### Canteen Roster Term 1

| Canteen Roster Term | 1 2024          |                 |                   |
|---------------------|-----------------|-----------------|-------------------|
| 24/02/2025          | Elise Bell      | Renae Willcocks | Carey Higgins     |
| 03/03/2025          | Public Holiday  | Public Holiday  | Public Holiday    |
| 10/03/2025          | Shire           | Shire           | Chloe McDougall   |
| 17/03//2025         | Jihee Jones     | Carey Higgins   | Phebe Reidy       |
| 24/03/2025          | Simone Choi     | Chloe McDougall | Carey Higgins     |
| 31/03/2025          | Teneeka Morgan  | Kiah King       | Elise Bell        |
| 07/04/2025          | Nicola Kuchling | Anton Kuchling  | Courtney Withnell |



Message from The Chaplain: Brodie Simmons

# REAKFAS

Hello everyone!

It's wonderful to be back at school and seeing some new faces. am once again the school Chaplain, which means I have the great privilege of talking to people and listening to their stories, joining in on classes, playing games and running the ever-popular Breakfast Club.

As a chaplain, I support, empower and encourage our students to be their best selves and to live happy and healthy lives. School chaplains care about the social, mental and spiritual wellbeing of the whole school community, including students, families and staff. Conversations with chaplains are non-judgemental and confidential. We also assist with referrals to other support services and with practical matters as needed. So, if you'd like to chat with someone who'll care about your situation, whatever it is, you'll find me here on Monday's, Tuesday's and Thursday's. I'd love to get to know you.

Breakfast club has been busy so far, and even more so since Week 3 when the excited students from Pre-Primary joined us for the first time. Thanks to our new student leaders, it went smoothly.



WITH MISS BRODIE







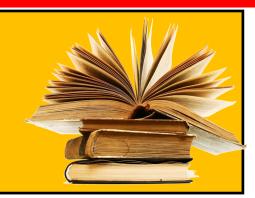
# **Swimming Lessons Time Table**

|           | Yr7       | Yr 5/6     | Yr 3/4      | Yr 2/3      | Yr1/2       | PP        |
|-----------|-----------|------------|-------------|-------------|-------------|-----------|
| MONDAY    | 9.05-9.45 | 9.50-10.30 | 11.05-11.45 | 11.50-12.30 | 1.25-2.05   | 2.10-2.40 |
| TUESDAY   | 9.05-9.45 | 9.50-10.30 | 11.05-11.45 | 11.50-12.30 | 1.25-2.05   | 2.10-2.40 |
| WEDNESDAY | 9.05-9.45 | 9.45-10.30 | 11.00-11.30 | 11.35-12.05 | 12.10-12.40 | 1.30-2.00 |
| THURSDAY  | 9.05-9.45 | 9.50-10.30 | 11.05-11.45 | 11.50-12.30 | 1.25-2.05   | 2.10-2.40 |
| FRIDAY    | 9.05-9.45 | 9.50-10.30 | 11.05-11.45 | 11.50-12.30 | 1.25-2.05   | 2.10-2.40 |



Message from School Nurse: Laura Ballard

Book Club is out now! Orders Due Back by: TODAY! Thursday 20th Feb 2025



# Student Update Forms

Student update forms were sent home with your children. Please ensure you check, make any necessary corrections, sign and return to the front office as soon as possible. This is the information we hold on our school student information system and is vitally important we have your correct contact details and student medical details. We will also require updated immunisation details from 4/5 year olds who received their school entry immunisations after they commenced Kindy. Thank you. LGDHS Admin.

**Secondary Assistance Scheme Reminder** 

# SECONDARY ASSISTANCE SCHEME

YEARS 7-12 YOU MAY BE ELIGIBLE FOR UP TO:

<u>\$535</u>

(TOWARDS SCHOOL EXPENSES)



OR - CENTRELINK PENSIONER CONCESSION CARD

OR - VETERANS' AFFAIRS PENSIONER CONCESSION CARD

**Applications Close: Friday 11th April 2025** 

**Ask School Reception for More Information** 



Message from NDIS

ndis ndis.gov.au



# Webinar: Applying to the NDIS

Learn how changes to legislation impact people applying to the NDIS.

Join us for an informative webinar on Applying to the National Disability Insurance Scheme (NDIS). This webinar is designed to help people with disability, families and carers understand the process of accessing NDIS support and services.

### Event highlights:

- Presentation: Our speaker will provide an overview of the NDIS, including eligibility criteria, evidence requirements, the application process and who can help you apply.
- Q&A: Following the presentation, you will have an opportunity to ask our speaker questions.
- Legislation changes: Our speaker will outline how recent changes impact people applying to the NDIS.

### Additional information:

Sessions are delivered via video-conference using Microsoft Teams, and are offered over multiple dates and times to allow flexibility for attendees. Each session covers the same content. Sessions available:

- Tuesday 25<sup>th</sup> February
- Thursday 27th February
- Tuesday 4<sup>th</sup> March

Book your ticket via Humanitix: Applying to the NDIS

Additional information: If you have any accessibility requirements please let us know when you register. Please note: A minimum of five business days' notice is required to book Auslan interpreters and live captioning services.









## **Parenting Resources**



**Could Saver Plus** help with your education costs?

### Saver Plus Information Sessions

We are running Information sessions for anyone thinking about joining the program and wants to learn more about how Saver Plus works.

Eligibility, income and participation criteria. To find out more head to https://www.thesmithfamilv.com.au/.

To Register please use the QR Code or Zoom Link Below.



Click here to Register

#### saverplus.org.au 1300 610 355





#### **About the Presenter**

registered Occupational Therapist with a Master's degree in Learning and Coordination Disabilities, Tasha brings over 20 years of experience supporting autistic children and





### How to Work Positively with Your Child's School

to achieve the best outcomes

This FREE webinar is designed to empower parents and carers with the knowledge and strategies to build positive, collaborative relationships with schools. By fostering understanding, effective communication, and partnership. families can help create inclusive and supportive learning environments where their children can thrive.

This session will focus on the key success factors to create optimal learning opportunities, including supports available and best practice resources.

For parents / carers of autistic and other neurodivergent children in childcare and primary school (ages 2 - 12).

#### When & Where

Thursday, 13 March 2025 7pm - 8:30pm (including Q&A) Online via Zoom

#### **Book Online**

https://bit.ly/autisminclusiveschool





Achieve a savings goal for 10 months and ANZ will match it up to \$500. You need to:



- Be 18 years or older
- Have a current Health Care Card or Pensioner Concession Card
- Have a child in school, starting school next year, or be studying yourself
- Get a regular income (can be you or your partner)
- Agree to join in free online financial education workshops

saverplus.org.au 1300 610 355

## Michelle Mitchell **Parenting Teens Webinar Series**

**Free Access to Prerecorded Videos.** 12 months replay access. Limited passes available.



<u>@Wanslea.org.au</u>

#### Webinar 1: What Teens Need

Parenting a teenager can be tiring, a little stressful and an intense roller-coast of rapid change. It can also be so rewarding, especially once you understand what teen's need.hese videos are designed to help parents and carers embrace, connect with and enjoy this stage of life.

#### Webinar 2: When They Push the Boundaries

Karen Young and Michelle Mitchell come together to equip parents, carers and professionals with strategies to help them stay connected to tweens and teens when they push the boundaries.

#### Webinar 3: Guiding Adolescence

Dr Vanessa takes centre stage as they talk about the importance of setting boundaries without damaging their spirit. This webinar will be insightful, challenging, and offer you some solid takeaways to help you understand your role in your child's life.

#### Webinar 4: Neurodivergence and Adolescence

This webinar focuses on how neurodivergence might become more visible during adolescence. It will help parents understand the facts while deepening their acceptance in order to fully embrace their growing child.

You will be issued with a promocode to access the webinar for free once your booking is confirmed. Please note, these are not transferrable.

Register for one or all four webinars: <u>WheatbeltPCWA@wanslea.org.au</u>















# Lake Grace District High School Parent Planner | Term 1 2025

Please note: This Planner is subject to change

|    | Monday   | Tuesday            | Wednesday  | Thursday   | Friday                             | SAT/SUN    |
|----|--|--------------------|--|--|------------------------------------|------------|
|    | 27 JAN<br>PUBLIC<br>HOLIDAY<br>AUSTRALIA DAY   | 28                 | 29<br>Admin<br>Commence                            | 30   | 31                                 | 1/2<br>FEB |
| 1  | 3 SDD<br>START OF TERM<br>Teachers<br>Commence | 4 SDD              | 5<br>Students<br>Commence                          | 6<br>Newsletter                                  | 7                                  | 8/9        |
| 2  | 10   | 11                 | 12<br>9.00 Student<br>Council Speeches /<br>Voting | 13   | 14                                 | 15/16      |
|    | 17 Swimming —                                  | 18                 | 19   | 20<br>Newsletter                                 | 21                                 | 22/23      |
| 3  | Lessons  |                    | Class Meetings                                     | Shared Assembly/<br>Class Meetings               |                                    |            |
| 4  | 24<br>Swimming<br>Lessons                      | 25<br>School Board | 26   | 27   | 28                                 | 1/2 MAR    |
|    | P&C Meeting<br>6.30pm                          | Meeting 7pm        | -  | ,  | -                                  | 0.40       |
| 5  | 3<br>PUBLIC HOLIDAY<br>LABOUR DAY              | 4                  | 5  | 6<br>Newsletter                                  | 7                                  | 8/9        |
| 6  | 10   | 11                 | 12 NAPLAN Starts —                                 | 13   | 14                                 | 15/16      |
|    | 17   | 18                 | 19   | 20   | 21                                 | 22/23      |
| 7  | .,   |                    | .,   | Newsletter<br>Harmony Day                        | Faction<br>Swimming                |            |
|    | NAPLAN —                                       |                    |  |  | Carnival                           |            |
| 8  | 24 NAPLAN Finishes                             | 25                 | 26   | 27   | 28<br>Interschool<br>Swim Carnival | 29/30      |
| 9  | 31   | 1 APR              | 2  | 3<br>Newsletter<br>High School/Choir<br>Assembly | 4                                  | 5/6        |
| 10 | 7  | 8                  | 9  | 10   | 11<br>END OF TERM                  | 12/13      |
|    |  |                    |  | West   |                                    |            |